

What Is?



S.O.A.P.

SOAPing is a simple method for “hearing from God” in His word. The idea came from Pastor Wayne Cordeiro, author of the book *The Divine Mentor*. The simple but profound reality is that Scripture is literally God’s voice, and SOAPing helps us read **WHILE** listening! What good is Bible reading if we’re not listening and applying what we’re reading? The elders of CAD have been doing this personally and together and it’s fruit in our lives is evident, the Bible is transforming and renewing us, because we’re listening and not just reading. Here’s how it works:

S – Scripture – We recommend following a Bible reading plan for consistency, so in a SOAP session you may read 1, 2, or 3 chapters of Scripture. But as you read, look for that **ONE** verse that really pops, stands out above the others. Not because it’s more important, but it’s what **GOD** wants to show you that day. Write out that one verse in this section.

O – Observe – Write out everything you know about that verse, the context, cultural considerations, who the author is, who he’s talking to, and in general the point that is being made. This can be 2 sentences or 200! Depends on what God doing in you. Sometimes we simply rewrite the verse in another way with emphasis on different parts which also helps drive home the meaning.

A – Application – Here is where the rubber meets the road. It’s wonderful that we’ve read a truth, and gave commentary on that truth, but it’s not until we match our lives to that truth in real time application that we are letting the Word of God do it’s work in our hearts. Be raw, honest, transparent, real, and be consistent with the follow through. This is why we encourage soaping with your D-Group weekly.

P – Prayer – Spend some time surrendering your will to God’s will, pray God will help you apply what you’ve read and use you for His glory today, no matter what that will cost you.

Title and date your SOAP, we recommend ordering the LIFE Journal from www.lifejournal.cc which is perfectly set up to follow this process. They even have SOAP journals for Kids, and Church at Denver even produces simple SOAP journal booklets for all elementary aged children. We want them to learn the value of listening to God’s voice daily from a young age.

www.churchatdenver.org